

Self Help
By Adam C. Sharp

CAST:

JEFF -- Self Help Writer in his mid-forties

HOLLY -- Self Help Writer in her late thirties

STORE MANAGER – No Particular Age

PUBLISHER REPRESENTATIVE – No Particular Age

Set: Two Podiums or Lecterns

Props: Two boxes each having two different books.

Note: Could be performed with just two or three books.

*(At SL there is a table with A New Day Has Begun:
Awakening Your Inner You by Holly Holly with one book
standing up on the table with a pen and a chair behind the
table.)*

*(HOLLY Enters from the Audience to SR and looks
around.)*

HOLLY

Ahhh yes. Looks great. Looking great! This is it.

(X to the table and picks up a copy of her book.)

A New Day Has Begun: Awakening Your Inner You by Holly Holly. That's me. This is going to be great.

(STORE MANAGER Enters.)

STORE MANAGER

Everything looking good Ms. Holly?

HOLLY

Everything's great. So, is it looking good?

STORE MANAGER

We've had a lot of interest. So, it should be a good turnout. *(Looks down at the two boxes of books and looks worried.)* Excuse me. I have to check on something. *(Exits)*

HOLLY

Sure. *(Goes to the SR podium.)*

(JEFF Enters holding his book and looking around.)

JEFF

Great title I came up with: *Morning Stories: Finding the Next Chapter of Your Life*. Finally have it pub- (Notices HOLLY.) Hey! Why are you here? Are you here to see me?

HOLLY

See you? No. Actually, I never really wanted to see you. Since you published that-

JEFF

This? (*Holds his book.*)

HOLLY

(*Takes the book from JEFF*) *Morning Stories: Finding the Next Chapter of Your Life*. Okay, what the hell is this?

JEFF

What do you mean, what the hell is this? (*Takes the book back.*) It's my book. It challenges the reader to "see the past for what it is and look towards the future like a new day, morning stories to be told in the next chapter of your life."

HOLLY

You're quoting from it aren't you?

JEFF

"Feel the judgment of others around you surround you like rings of Saturn and dissipate like ice crystals never to touch our true selves."

HOLLY

More crap from your crappy book.

JEFF

Have you read it?

HOLLY

I didn't even know you wrote it or a book for that matter. I didn't even realize you could read.

JEFF

You're being a falling stone and I won't let you fall towards me.

HOLLY

More crap from-

JEFF

Positive advice from my book, yes. (*Goes to her podium and picks up her book.*) Really?